# Lifelong Arts Indiana

a virtual training









This initiative is made possible by a grant provided by the National Assembly of State Arts Agencies in partnership with Aroha Philanthropies. Training, coaching, consulting, and resources for Lifelong Arts Indiana have been provided by Lifetime Arts, the national leader in creative aging programs and services.

# Welcome!

# We're excited to welcome you to the inaugural cohort for Lifelong Arts Indiana.

Over the course of the next year, we will learn together how to create arts experiences tailored to serve the interests and needs of adults age 65 and older. We hope your fellowships will be the first in a wave of better-informed, better-designed arts workshops for older adults all over Indiana.

We are looking forward to getting to know more about you and your artistry at our learning workshops in October. On page 3, please find a detailed timeline that will show all the required sessions and other optional learning opportunities. We are invested in your success, so please feel free to get in touch about any questions or difficulties.

The fun is about to begin!

Sincerely,

Lauren and Stephanie Indiana Arts Commission



# You've been accepted into Lifelong Arts Indiana. Yay! What now?

# What you can expect:

- Long stretches of screen time, but with frequent breaks
- Learning together in big groups (25 people) and small group discussions
- A variety of artistic disciplines, ages, and geographic representation
- Meeting new people from across the state who are artists
- A certain amount of required sessions, with many optional additional sessions that will enhance your experience, but are not required to complete the program.
- Frequent communication and support from Lifelong Arts Indiana staff.

# Our expectations:

- You must be in attendance for the full 6 hours of the Lifetime Arts training workshops (2 hours for 3 days).
- Be open minded about other people's perspectives, backgrounds, and experiences
- Participate in good faith. We want you to want to be here, to learn new things, and grow in your work as an artist.

# What will we learn?

# **OCTOBER 13 – 15, 2021**

**Title:** Creative Aging Design and Development for Teaching Artists
This 6-hour training will take a 25-person cohort of teaching artists through the Lifetime Arts
Creative Aging Foundations course. We will cover:

- Current research on arts and aging
- Inherent biases about aging
- Best practices in the field
- What's different about adult learning
- How to apply K-12 arts ed expertise to 55+
- How to develop responsive programming that is inclusive, diverse, and equitable
- The planning, implementation, and sustainability of successful programming
- Developing impactful cross-sector and community partnerships
- How to deliver both in-person and remote programming

# **Important Dates and Times**

Wednesday, October 6th: Check your email for a link to preview your learning materials online.

Tutorial for online learning portal: <a href="https://creativeagingportal.org/lifetime-arts-portal-tutorial/">https://creativeagingportal.org/lifetime-arts-portal-tutorial/</a>

	Lifelong Arts Learning Workshops All times eastern and all events are virtual. —		
	October 13	Time	
•	Lifetime Arts training workshop	9:00 a.m. – 11:00 a.m.	
	Creative Aging Landscape in Indiana	11:00 a.m. – 11:45 a.m.	
	Optional Indiana Arts Homecoming online conference sessions	12:15 p.m. – 6:00 p.m.	
	October 14		
	Lifetime Arts training workshop	9:00 a.m. – 11:00 a.m.	
	Local session (conference): Listening and Learning with Elder Makers	12:30 p.m. – 1:30 p.m.	
	Creative Aging meet up session – led by Jon, Anna, and Lauren	4:30 p.m. – 6:00 p.m.	
	October 15		
	Lifetime Arts training workshop	9:00 a.m. – 11:00 a.m.	
	Connecting with Arts Orgs, Partnership intro with Anna (plus next steps!)	11:00 a.m – 12:00 p.m.	
	Fellowship project application open for participants who have completed the Lifetime Arts training		

After the workshops	
Coaching Available:	
Begin sign-ups for online coaching	October 18
Final day to complete online coaching	November 23
Fellowship:	
Fellowship application Deadline	December 3, 2021, 4:30 p.m.
Fellowship Project period	January 1, 2022 – June 30, 2022
Final Grant Reporting	
Final day for Fellowship Project activities	June 30, 2022
Final Report Deadline	September 15, 2022, 4:30 p.m.
Indiana Arts Homecoming Cohort Meetup (optional)	October 2022

# **Bonus Learning Opportunity**

Join Angela Workman from the Community Foundation of St. Joseph County for a grant writing workshop to take what you learned in Lifelong Arts Indiana to the next level!

# **Meet your Team:**

## **Lauren Curry (Indiana Arts Commission)**

Lauren Curry was on teaching faculty and production manager for Midland Festival Ballet in Midland, TX for 6 years before returning home to Indy. Since then she has performed with Phoenix Rising Dance Company, No Exit Performance, Ball State University, and taught dance all over the city. She became Executive Director at Indianapolis Movement Arts Collective earlier in 2020 and has worked with the IAC as a consultant for the past six months.

### **Stephanie Haines (Indiana Arts Commission)**

Stephanie Haines is the Arts Education and Accessibility Program Manager at the Indiana Arts Commission. Stephanie has worked in the arts education and nonprofit field for more than ten years. She has a Bachelor's degree in Arts Education and a Master's degree in Arts Administration. As part of her work with the Indiana Arts Commission, Stephanie recently served as the chair of the Arts Education Working Group of the National Assembly of State Arts Agencies. She enjoys helping arts organizations receive grants and paints and draws when she has free time (not often).

# John Kay (Traditional Arts Indiana)

Jon Kay directs Traditional Arts Indiana at Indiana University, where he also serves as an Associate Professor in the Department of Folklore and Ethnomusicology. He is the author of Folk Art and Aging: Life-Story Objects and Their Makers (2016), and the edited volume The Expressive Lives of Elders: Folklore, Art, and Aging (2018). He is the lead author of Memory, Art, and Aging: A Resource and Activity Guide(2020). Kay has produced more than sixty exhibitions, and thirty documentary films on a range of arts related topics. In 2020, he was awarded an IU Bicentennial Medal for his service to the state and the university.

### Julie Kline (Lifetime Arts)

Julie brings her background as a creative aging arts administrator and accomplished artist and teaching artist to the facilitation of Lifetime Arts' trainings across the country, and support of the design and development of training curriculum. Previously, Julie served as Program and Training Director at Elders Share the Arts, where led training for teaching artists and senior service organizations. She has presented to the U.N. Sub-Committee on Intergenerational Relationships and at the American Society on Aging's National Conference, among other appearances. As a teaching artist, Julie was awarded multiple years of NYC's SPARC/SU-CASA grant for her original performance series, "Seniors and the City," and was an inaugural grantee of the Brooklyn Arts Council's 2018 Charlene Victor/ Ella J. Weiss Cultural Entrepreneur Fund. Julie received a Bachelor of Fine Arts in Acting from The Theater School of DePaul University, Chicago.

# Anna Ross (Audiences Unlimited)

Anna Ross has worked in various areas of arts administration and music performance for over 30 years. Currently, she is executive director of Audiences Unlimited, an arts organization focused on providing cultural and arts experiences for people with limited access to the arts. From long-term care facilities to adult day centers for individuals with cognitive and developmental disabilities, to community and senior centers, Anna understands the importance of partnerships between artists, arts organizations, presenting organizations, and those experiencing the arts. She is skilled in program design, strategic planning, outcome evaluation, arts integration in education, organizational administration, fundraising, coaching and mentoring, and has led many professional development seminars and conference presentations. Having earned a Master of Music degree, she enjoys performing viola with the Fort Wayne Philharmonic.